

## Support

- Individuals
  - Connections
  - Peer support groups
  - Peer Benefits Counseling by appointment
  - Medication Consultation by appointment
  - Free Counseling short term by appointment
  - Janie's Walking Program
- Families
  - Family Support Group

## Education

- Individuals
  - STRIVE
    - mixed adult
    - adult women
    - HS, MS, LGBT etc
  - Resiliency
    - Adults
    - Youth
  - Walking Toward Recovery Discussion
- Families
  - Family to Family
  - Basics
- Community Education
  - SEE ME
  - CIT

## Advocacy

- Programs
  - Parents & Teachers as Allies (PTA)
  - Ending The Silence for Youth
- Actions
  - Certified Peer Support, training
  - Healthy Living Collaborative
  - Trauma Informed Care and ACEs
  - Public Policy